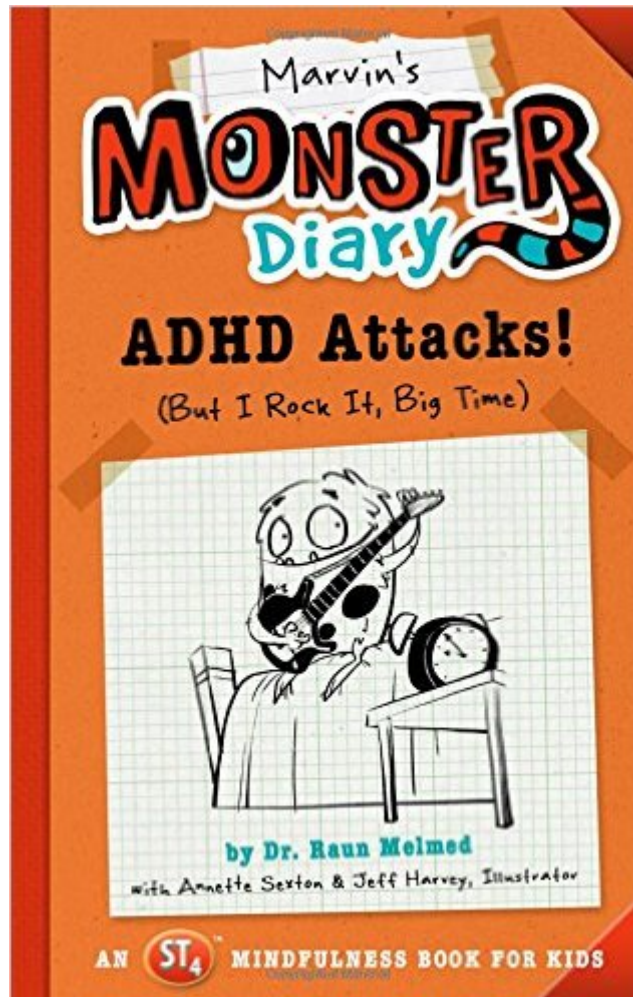


The book was found

# Marvin's Monster Diary: ADHD Attacks! (And I Win, Big Time) (St4 Mindfulness Book For Kids)



## Synopsis

Meet Marvin, a lovable monster with a twelve-string baby fang guitar, a rambunctious case of ADHD, and a diary to record it all. His teachers scold him, his parents don't know what to do with him, and his sister is convinced he was raised by triple-tailed monkeys. In short, Marvin's life is feeling out of control until a secret formula changes everything. In the same humorous spirit of *Diary of a Wimpy Kid* comes *Marvin's Monster Diary: ADHD Attacks! (And I Win, Big Time)*. Using the "monstercam" and "ST4" techniques developed by Dr. Raun Melmed of the Melmed Center in Arizona, *Marvin's Monster Diary* teaches kids how to be mindful, observe their surroundings, and take time to think about their actions. Marvin's hilarious doodles and diary entries chronicle his delightful adventures, misadventures, and eventual triumph in a funny, relatable way. It's the one book on ADHD that kids will actually want to read!

## Book Information

Series: St4 Mindfulness Book for Kids

Paperback: 64 pages

Publisher: Familius; First edition (January 12, 2016)

Language: English

ISBN-10: 1942934106

ISBN-13: 978-1942934103

Product Dimensions: 5 x 0.2 x 7.9 inches

Shipping Weight: 12.6 ounces ([View shipping rates and policies](#))

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (11 customer reviews)

Best Sellers Rank: #21,512 in Books (See Top 100 in Books) #10 in [Books > Health, Fitness & Dieting > Children's Health > Learning Disorders](#) #22 in [Books > Health, Fitness & Dieting > Mental Health > Attention Deficit & Attention Deficit Hyperactivity Disorders](#) #27 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness](#)

Age Range: 7 - 11 years

Grade Level: 2 - 6

## Customer Reviews

Very well done. If your child isn't a strong enough reader yet, they'll still enjoy you reading this to them. It helped both my ADHD child's understanding and her sister's empathy. My daughter was also excited about implementing the "ST4" method described.

I bought ten of these for our Scottsdale CHADD (Children and Adults with ADHD) Parent group. This book is a terrific resource for parents and children (ages 6-10?). It has specific action skills that help the child stop, think, and build executive functioning skills. I am currently using this book in my life coaching practice with a nine year old girl. She loved the story and is having fun applying the tools, in this book, to her life.

This book has helped my son cope on so many different levels. He has learned different techniques to be mindful. I am very grateful to Dr Melmed for creating a book that my son actually wants to read. I am sure this book will help many more to come

My 7 year old daughter enjoyed reading this book so much. She learns that Marvin the Monster is so forgetful and gets in trouble quite a bit in school. With the help of a grown up monster and Marvin's ability to think outside the box he came up with a strategy to make things better! Dr. Melmed's book provides such an innovative way of teaching executive function skills to children, with or without ADHD. Highly recommended!

This book is a great book for kids, parents, and educators! The writing and monster illustrations make this a fun read for kids (they actually want to read it). More than a book, it also has practical applications and fun techniques for kids diagnosed with ADHD to help them focus on what's going on around them. A big win all around!

Dr. Melmed provides great insight here - this is a great resource for parents and kids alike!

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Minecraft Diary: Wimpy Steve Book 3: A Ruff Adventure! (Unofficial Minecraft Diary) (Minecraft diary books, Minecraft books for kids age 6 7 8 9-12, Wimpy ... series) (Minecraft Diary- Wimpy Steve)  
Minecraft Diary: Wimpy Steve Book 6: Minecraft Mysteries! (Unofficial Minecraft Diary) (Minecraft diary books, Minecraft books for kids age 6 7 8 9-12, ... adventures) (Minecraft Diary- Wimpy Steve)  
Minecraft Diary: Wimpy Steve Book 4: Lots of Ocelots! (Unofficial Minecraft Diary) (Minecraft diary books, Minecraft books for kids age 6 7 8 9-12, Wimpy ... series) (Minecraft Diary- Wimpy Steve)

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